



***Springvale Senior Citizen Club***

President: Eileen Griffin - 788-7141  
Vice President: Florence Carvallo  
Secretary: Catherine Reyes  
Treasurer: Ljubica Nikic

**Meeting: January 8, 2018**

Refreshment and Bingo after the meeting

**Location:** The Barn

**Time:** 1:00 pm Doors open 12:30

**DUES ARE DUE \$7.00**

**Activities for 2018**

***Sunday, January 14th***

Lunch: Soup and Sandwich  
Choice of Roast beef, Turkey, Ham, Cheese  
Cost: \$12.00

***Sunday, February 18th***

Valentine Day Party

Cost: \$12.00

Details at the meeting....

***Sunday, March 18th***

Corn Beef and Cabbage or Chicken

Wear something green please!

Cost: 12.00

***Monday, April 9th***

Easter Bonnet Contest

Prizes, food and fun!

*Happy Birthday Eileen Haeger!*

In case of bad weather the meetings will be canceled.

***Eileen Griffin  
President***

***Please keep in mind!***  
**WE ACCEPT  
MONEY ORDERS AND  
CHECKS  
CASH WILL NOT BE  
ACCEPTED.**



**\*Credit card & debit card  
Payments are available  
Through the tenant portal.**

***Dear Tenant:***

**Exciting News:**

*You can now pay your rent online!*

*Choose to pay by Credit Card or  
E-Check anytime, anywhere.*

*Additionally, where available, there  
is an Electronic Cash Payment op-  
tion.*

**Please call and speak with Susie  
in the bookkeeping office for  
more information. 914-737-2801**

A Great **BIG** Thanks!  
To all our  
incredibly generous tenants  
who contributed to the  
**Maintenance Department's  
Thank-You Gift  
and the Rental's Office's  
"Sweet Tooth Extravaganza."**

*Please know that your kindness is  
greatly appreciated!*

**IMPORTANT NUMBERS TO REMEMBER**

**RENTAL: 914-737-6954**

**MAINTENANCE: 914-737-6687**

**AFTER HOURS EMERGENCY: 914-403-0679**

## Lights, Action, Movie!

We are on again for Thursday, January 18th @ 6:00 pm at the Barn! We would love for you to come and join us.

Refreshments will be served! You can either call the office @737-6954 or email Tina@Springvaleapts.com to reserve your seat.



### **Featured movie: *Beauty and the Beast***

Belle (Emma Watson), a bright, beautiful and independent young woman, is taken prisoner by a beast (Dan Stevens) in its castle. Despite her fears, she befriends the castle's enchanted staff and learns to look beyond the beast's hideous exterior, allowing her to recognize the kind heart and soul of the true prince that hides on the inside.

**Tuesday : 1:00-2:00**

**Fridays: 1:00-2:00**

Location "The Barn"



Tai Chi is an ancient Chinese style of exercise, meditation and self-defense that works to improve stiff joints while enhancing balance & flexibility.

This gentle and easy form of movement is one that all seniors can enjoy. Resolve to expand your well-being.

Please join us! This is something that Springvale Management offers to the Tenants at the complex at no charge!!

Monetary donations to the Cat Fund are always needed and appreciated. No matter what the amount is the cats appreciate it! Please be sure to indicate on the check "The Cat Fund"

The checks should be made out to cash and in the memo section indicate The Cat Fund.

Funds are used for food and Veterinary expenses.



### **Painting Classes**

**Day:** Wednesdays

**Time:** 10:00 am to 12:00 pm

**Location:** The Barn

**Cost:** \$60.00 per 10 week semester or \$35.00 per 5 week semester



Robert Heinrichs, Instructor  
(914) 293-0288 Please call to register.

### **Handy Man Services**

*Need help with a small repair?*

*Or maybe a larger project?*

**Call Emilio 762-7767**

### **White Elephant Shop**

Please note that the White Elephant shop will be closed as of the 26th of November till March 17th 2018.

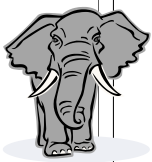
If you should have any items that you would like to donate please call

**Eileen Griffin @788-7141**

### **"Don't Sit Home Alone"**

On the 1st and last Monday of the month a group of tenants get together at the Barn for some fun and socializing. We bring our lunch and have coffee/tea. Bring a new game and your ideas for all of us to share. This is open to everyone!

11:00 am to 2:00 pm



## Springvale's Library Newest Book



### A Gentleman in Moscow

by Amor Towles

Count Alexander Rostov — recipient of the Order of Saint Andrew, member of the Jockey Club, Master of the Hunt — is a "Former Person." Russia's new Soviet masters have sentenced him, improbably enough, to house arrest in Moscow's luxurious Metropol hotel, where he lives out his days decorating the dining room with his bon mots and dashing around like Eloise, if *Eloise* were set in the version of Stalinist Russia.

The finest hotel in Moscow, with its restaurants and barber and elegant clientele, is a bit of a stretch for the fiery pits of damnation (or the snowdrifts of Siberia, for that matter). Anyway, thus confined, Rostov passes the decades making a whole world out of a hotel and the people in it — a precocious 9-year-old, a moody chef, the French maître d', and so on. He is not the king of infinite space, exactly, but he does live a full and rich life according to the principle that, "If one did not master one's circumstances, one was bound to be mastered by them."

*A Gentleman in Moscow* is a novel that aims to charm, not be the axe for the frozen sea within us. And the result is a winning, stylish novel that keeps things easy. Flair is always the goal — Towles never lets anyone merely say goodbye when they could *bid adieu*, never puts a period where an exclamation point or dramatic ellipsis could stand.



### January Schedule for Yoga: Patricia Nye

***Location: The Barn (Lower Level)***

We will start @10:00 which would be the chair yoga and followed by the Gentle Hatha Yoga.

Whether you are new to yoga or have been practicing for years, Gentle Hatha yoga is slow but a strong practice that will leave you feeling more grounded and energized for the rest of your day

#### **DATES:**

SATURDAY: January 6th

SATURDAY: January 13th

SATURDAY: January 20th

SATURDAY: January 27th

**January 2018 Maintenance: 914-737-6687 Rental Office: 914-737-6954 Emergency # 403-0679**

<u>Sun</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>
	<b>1 Barn Activities</b> Offices closed... Happy New Year!	<b>2 Barn Activities</b> <i>Tai Chi:</i> 1:00-2:00	<b>3 Barn Activities</b> Watercolor class 10 am White Elephant Shop Closed	<b>4 Barn Activities</b> <i>Tai Chi:</i> 1:00-2:00	<b>5 Barn Activities</b> <i>White Elephant shop:</i> Closed	<b>6</b> White Elephant Shop: Closed
<b>7</b>	<b>8 Barn Activities</b> SSCC Meeting 12:30	<b>9 Barn Activities</b> <i>Tai Chi:</i> 1:00-2:00	<b>10 Barn Activities</b> Watercolor class 10am White Elephant Shop Closed	<b>11 Barn Activities</b> <i>Tai Chi:</i> 1:00-2:00	<b>12 Barn Activities</b> <i>White Elephant shop:</i> Closed	<b>13</b> White Elephant Shop: Closed
<b>14</b>	<b>15 Barn Activities</b> Short Story group Club room Bldg. 23	<b>16 Barn Activities</b> <i>Tai Chi:</i> 1:00-2:00	<b>17 Barn Activities</b> Watercolor class 10 am White Elephant Shop Closed	<b>18 Barn Activities</b> <i>Tai Chi:</i> 1:00-2:00	<b>19 Barn Activities</b> <i>White Elephant shop:</i> Closed Movie night: 6:00 pm	<b>20</b> White Elephant Shop: Closed Yoga 10:00 am Lower part of the Barn
<b>21</b>	<b>22 Barn Activities</b>	<b>23 Barn Activities</b> <i>Tai Chi:</i> 1:00-2:00	<b>24 Barn Activities</b> Watercolor class 10 am White Elephant shop: Closed	<b>25 Barn Activities</b> <i>Tai Chi:</i> 1:00-2:00	<b>26 Barn Activities</b> White Elephant shop: Closed	<b>27</b> White Elephant Shop Closed
<b>28</b>	<b>29 Barn Activities</b>	<b>30 Barn Activities</b> <i>Tai Chi:</i> 1:00-2:00	<b>31 Barn Activities</b> Watercolor class 10 am White Elephant shop: Closed			