

2019



JANUARY



**Springvale Senior Citizen Club**

Vice President: Florence Carvallo  
Secretary: Catherine Reyes  
Treasurer: Ljubica Nikic  
Assistant to the VP: Madeline Jessiman

**Meeting: Monday, January 14th, 2019**

Refreshment and Bingo after the meeting

**Location:** The Barn

**Time:** 1:00 pm Doors open 12:30

We would like to wish everyone, members and the residents of Springvale a very Happy and Healthy New Year!

If you attended our November meeting you know we held elections. The outcome was Madeline Jessiman is our new President.

The rest of board will stay the same. We have many new plans for our club for 2019.

We have many new ideas for the club moving forward. As you know our trips will not begin until the warmer weather.

We all hope all of our members will start attending the meetings and bring a friend. All of the resident of Springvale are invited to join our club.

**Luba: 914-393-8750**

**Madeline: 914-610-5698**

*Please keep in mind!*

**WE ACCEPT  
MONEY ORDERS AND  
CHECKS!**

**CASH WILL NOT BE  
ACCEPTED.**



**\*Credit card & debit card  
Payments are available**

**Through the tenant portal.**

**\* subject to Convenience fee**

**Dear Tenant:**

**Exciting News:**

*You can now pay your rent online!*

*Choose to pay by Credit Card or  
E-Check anytime, anywhere.*

*Additionally, where available, there  
is an Electronic Cash Payment op-  
tion.*

**Please call and speak with Susie in  
the bookkeeping office for more  
information. 914-737-2801**

**Tuesday : 1:00-2:00  
Thursday: 1:00-2:00  
Location "The Barn"**



Please join us! This is something that Springvale Management offers to the Tenants at the complex **at no charge!!**

**THE WHITE ELEPHANT SHOP WILL  
BE CLOSED FOR THE WINTER  
MONTHS AND WILL REOPEN ON  
Tuesday, March 5th 2019**

**Donations: Please call either Luba  
@393-8750 or**

**Madeline @ 610-5698**

**Please do not leave donations  
outside of the shop.**

**TOWN OF CORTLANDT SENIOR PRO-  
GRAM INFORMATION:**

To assist seniors with other agency program information. A social worker is available as needed. Call 528-8377 for a referral.

**Nutrition Program: 528-8377**

An on-site and home delivery service that provides persons age 60+ with a nutritious and well-balanced noon-time meal.

Those needing or knowing of individuals needing the Home Delivered Service must call for eligibility requirements or for procedure to have lunch at the Muriel H. Morabito Community Center. The contribution for seniors who attend the Nutrition Program is \$3.00 and for Home Delivered Meals is \$4.00.



Monetary donations to the Cat Fund are always needed and appreciated.

No matter what the amount is the cats appreciate it. Please be sure to indicate on the check "The Cat Fund"

The checks should be made out to cash and in the memo section indicate The Cat Fund.

Funds are used for food and Veterinary expenses.

## **SHORT STORY GROUP**

**Monday, January 21st 2019**

**Time: 1:00 Location:** Club room  
*Bldg. 23 next to the laundry room*

**Book:** *A Rose for Emily*  
**By:** *William Faulkner*

*Led by*  
**Rhoda Pearlman**

**914-734-2939**



## **MOVIE MADNESS: 6:00 pm "The Barn"**

*January 10th Lady Macbeth*

*In rural England, 1865, a woman who is trapped in a loveless marriage to a much older man begins a passionate affair with a man her own age.*

*January 25th The Beguiled*

*Cpl. John McBurney is an injured Union soldier who finds himself on the run as a deserter during the Civil War. He seeks refuge at an all-female Southern boarding school where the teachers and students seem more than willing to help. Soon, sexual tensions lead to dangerous rivalries as the women tend to his wounded leg while offering him comfort and companionship.*



## **January Schedule for Yoga: Patricia Nye**

**Location: The Barn  
(Lower Level)**

**All classes are 1 hour**

Whether you are new to yoga or have been practicing for years, Gentle Hatha yoga is slow but a strong practice that will leave you feeling more grounded and energized for the rest of your day. **Wednesday's cancelled until Spring!**

**DATES for Saturday: January 12th**

**January 19th**

**January 26th**

*To all of the Springvale  
Residents, friends and  
family!*

*A group of us meet on the 1st, 3rd and last Monday of the month at the Barn. We get together for some fun, bring your games, cards, puzzles or just come to socialize. We bring our own lunch and have coffee, tea and dessert. Bring new games and ideas for all of us to share.*

*Hours are from 11:00 am to 2:00 pm.*

*Come and join us and plan to have some fun...*



**JANUARY 2019****Maintenance: 914-737-6687****Rental Office: 914-737-6954 Emergency # 403-0679**

<u>Sun</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>
		<i>1 Barn Activities</i>	<i>2 Barn Activities</i> Watercolor class	<i>3 Barn Activities</i> <i>Tai Chi: 1:00-2:00</i>	<i>4 Barn Activities</i>	<i>5 Barn Activities</i> <i>Yoga</i> No Yoga
<i>6</i>	<i>7 Barn Activities</i>	<i>8 Barn Activities</i> <i>Tai Chi: 1:00-2:00</i>	<i>9 Barn Activities</i> Watercolor 10am	<i>10 Barn Activities</i> <i>Tai Chi: 1:00-2:00</i>	<i>11 Barn Activities</i>	<i>12 Barn Activities</i> <i>Yoga</i> Lower level of the Barn 10:00-11:00
<i>13</i>	<i>14 Barn Activities</i> Springvale Senior Citizen Club Meeting 1:00 pm .	<i>15 Barn Activities</i> <i>Tai Chi: 1:00-2:00</i>	<i>16 Barn Activities</i> Watercolor 10 am	<i>17 Barn Activities</i> <i>Tai Chi: 1:00-2:00</i>	<i>18 Barn Activities</i>	<i>19 Barn Activities</i> <i>Yoga:</i> Lower level of the Barn 10:00-11:00
<i>20</i>	<i>21 Barn Activities</i> Short Story at the Club room in Bldg. 23 @ 1:00 pm	<i>22 Barn Activities</i> <i>Tai Chi:1:00-2:00</i>	<i>23 Barn Activities</i> Watercolor 10 am	<i>24 Barn Activities</i> <i>Tai Chi: 1:00-2:00</i>	<i>25 Barn Activities</i>	<i>26 Barn Activities</i> <i>Yoga</i> Lower level of the Barn 10:00-11:00
<i>27</i>	<i>28 Barn Activities</i>	<i>29 Barn Activities</i> <i>Tai Chi: 1:00-2:00</i>	<i>30 Barn Activities</i> Watercolor 10am	<i>31 Barn Activities</i> <i>Tai Chi: 1:00-2:00</i>		